



James Brown Memorial Trust



## Kalyra Heights Village Newsletter

**MAY 2012**

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### **KALYRA HEIGHTS VILLAGE SOCIAL CLUB**

#### **HAPPY HOUR for MAY 2012**

**Friday 25<sup>th</sup> May at 3 pm**  
In the  
Village Centre Lounge

#### **“ALL THINGS CHINESE”**

This month we are pleased to welcome **REX KING** to our Happy Hour and look forward to his fascinating talk on the Chinese New Year and its customs in Hong Kong

Rex is a Kiwi and studied and taught in Christchurch before moving to Hong Kong and joining the overseas staff of the Presbyterian Church of New Zealand. A few years later he became Headmaster of one of Hong Kong's most prestigious secondary schools, Ying Ma School for boys. 6 years later he was appointed the Deputy Secretary of the HK Examinations Authority and was responsible for the testing of English as a second language and was also involved in setting the teaching syllabus.

Rex retired 15 years ago and chose to settle in Adelaide, partly because of the climate, and partly because of the good bowling clubs.

Afternoon tea and drinks will be served  
Cost per person \$4.00. Raffle tickets 50c each

*Names in the Red Book by Monday 21<sup>st</sup> May for seating and catering*

Thank You  
Enquiries Trevor Boreham 8278 7807  
Gwenyth Hewitt 8278 6967

**HAPPY  
BIRTHDAY**

**HAPPY BIRTHDAY TO YOU !!**

MAY 2012

8th  
9th  
16th  
21st  
22nd  
29th  
29th  
31st

Sid Sweet  
Arthur Soeffky  
Joan Durdin  
Beryl Ducray  
Elinor Hough  
Brian Barnett  
Margaret Worden  
Pauline Grace

Villa 79  
Villa 104  
Villa 86  
Villa 18  
Villa 109  
Villa 48  
Villa 96  
Villa 113

### GYM EQUIPMENT

As previously mentioned, the new gymnasium equipment is ready to use !

In the new gym (our old meeting room) you will find a new treadmill, a new bike with moving arms for a total lower and upper body workout, and stretching resistance band, new weights and a wall mounted television to keep you entertained while you work hard at staying fit !

Please don't forget to see me for a gymnasium disclaimer for BEFORE you begin using the new equipment. You will also be required to provide a statement from your doctor to say that you are able to use the equipment. Thanking you. Nicole



**KALYRA BOOK DISCUSSION GROUP**

Our next meeting will be held on

Thursday 10th May at 2pm  
In the **CRAFT ROOM**, at the Village Centre.

Please note change of day, and place, due to the Fashion Parade.  
Thank You. All welcome.

**RECOMMENDED READING**

**Lone Wolf** by JODI PICOULT (Kalyra Library) Intriguing and compelling story of a family centred about the father who has spent most of his life studying wolves.

**Caleb's crossing** by GERALDINE BROOKS (Blackwood Library). Most interesting novel inspired by the true story of "Caleb" the first American Indian to go to Harvard University. Based on facts,

**The Light keepers wife** by KAREN VIGGERS (Kalyra Library). A woman at the end of her life. A moving read set in Tasmania. Love, loss and family.

**Fall from grace** by RICHARD NORTH PATTERSON (Kalyra Library). Betrayal and love—secrets and scandal. Most of his books deal with world problems—this a domestic American situation. Relationships.

**A simpler time** by PETER FIZSIMONS (Kalyra Library). A delightful memoir—his childhood and family. Lots of humour, and interesting details of country Australian life.

***HAPPY READING !***

Lucy Ashton Tel: 8278 8513



## **FROM THE VILLAGE MANAGER**

### **Anzac Day**

It was lovely to see some of our Village Residents at the Blackwood Anzac Day Dawn Service on Wednesday 25th April. It is a very early start, and was pretty cold standing on that round a bout, but I really enjoy this service every year, along with about 3000 or so locals. Next year we may consider getting a bus group together of people who may like to attend. If you are interested, please let me know.

### **Village Security**

As you would all know by now, I am always concerned when there are 'door knockers' in the Village. I encourage you all to please be careful when answering the door to anyone you don't know and please do not sign or agree to anything they are selling unless you are absolutely sure you understand what it is you are agreeing too. If you are unsure about a special 'deal' that they may be offering, you could ask them to put it in a letter to you so you may have time to understand what you are signing for. Door knockers, or hawkers should not be roaming around the village without permission, so if you see people walking around the village, you are free to direct them to my office. Thank you for your help in keeping our village a safe environment for all residents.

### **Village Lunches**

If you would like to come along to the Village lunch days on Tuesdays and Thursdays, we would love to see you ! It's easy to book your place at the table, just call Reception on 8278 5444 and come along to enjoy lovely food and even better company. These lunches are especially lovely during the winter months with the roaring fire to keep you warm. Why not bring some friends and book your own table?

### **Lawyer**

Don't forget that Darren Kruse from Kruse Legal visits the Village on the third Thursday of every month. To make an appointment with Darren call him on 8278 1779.

### **Welcome**

We have recently welcomed Malcolm and Valma King to Villa 85 along with Ian and Carys Penny to Villa 76. I'm sure you will all join me in making our newest residents feel welcome in our lovely Village.

Warmest wishes

**Nicole Willing**  
Village Manager

## **FROM THE CEO**

### **Aged Care Accreditation**

Following on from my note to you last month, I am delighted to advise that all three of the Trust's Aged Care Homes have now been assessed by the Aged Care Standards and Accreditation Agency as fully compliant with all 44 expected standards. This is an excellent achievement, particularly for our Woodcroft site which we only purchased 15 months ago. While I am talking about aged care, I'd like to remind you that we now have 6 respite funded places across our aged care homes at Belair, McLaren Vale and Woodcroft; we are now in a better position to assist any Village resident who may need this short term service at some time in the future. The Village Manager can provide more details if needed.

### **Community Aged Care Packages and Aged Care Reforms**

James Brown Memorial Trust has recently begun to provide support to older people living in their own homes through the new services we have been funded to provide in the Mt Barker Murray Bridge and Murray Mallee areas. Our new Community Services Manager, Ms Valerie Sandlant, has been very busy recruiting staff and admitting our first community clients in these areas. She expects that all 20 packages will be fully operational by the end of June 2012. The speedy manner in which we have been able to create this new program and commence direct care delivery activities should hold us in good stead for the next Aged Care Allocations Round, which we expect will be advertised later this year. It is my clear intention that we obtain licenses to provide this type of care into the Belair/Blackwood area - we are keener than ever to be able to support our Village residents with this type of subsidized care.

The Prime Minister, Hon Julia Gillard and the Minister for Mental Health and Ageing, Hon Mark Butler, announced the government's response to the Productivity Commission's Inquiry into Aged Care. The government has made a substantial commitment to improve access to aged care services, but has stopped short of implementing universal entitlement to aged care services by older people. The Government will be contributing substantial new funding into aged care over the next five years, which will be matched by increased consumer contributions for community care. A major reorganization will also affect the current Accommodation Bond and Accommodation Charge amounts that can be paid by incoming residents and these reforms have generally been welcomed by consumer groups representing older people, including Council of the Ageing. I will provide more information in this newsletter as it comes to hand.

Until next time. Kindest regards, Dennis Chamberlain.

**FUN CARD DAY**

for

“May I” and “Scrabble” players

**SATURDAY 19th May 2012**  
**In the Village Centre Lounge at 11am**  
until about 3pm

Please bring the usual plate of savoury or sweet for our shared luscious lunch !!!  
All welcome. “Scrabble” needs no introduction, and “May I” is a card game with house-  
rules, that even a beginner can win. Some skill, and lots of luck with the cards !

Names in the Red Book please for setting up. Thank You.

***Enquiries Lucy Ashton 8278 8513 or Caroline Sweet 8278 3058***

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**Musical Interlude**

Friday 4th May at 2.00pm  
In the Village Centre Lounge

“Susan Boyle—An unlikely Superstar”

This documented insight into the life of Susan Boyle includes  
stories of her life together with some of the songs she has made  
famous.

Names in the Red Book please

Bruce Ashton Villa 24  
Tel: 8278 8513



## MOVIE MATINEE

*SATURDAY 12th May at 2.00pm*  
In the Village Centre Lounge

### **“Water for Elephants”**

Academy Award Winners Reese Witherspoon and Christoph Waltz feature in this epic tale of forbidden love. Against all odds a veterinary student and a beautiful circus performer meet and fall in love, but the secret romance incurs the wrath of a volatile dangerous husband.

*SATURDAY 26th May at 2.00pm*  
In the Village Centre Lounge

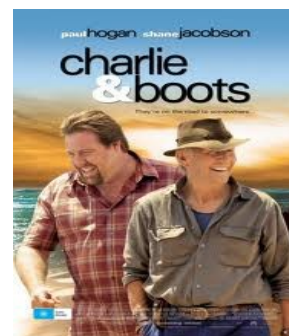
### **“Charlie and Boots”**

When Charlie McFarland (Paul Hogan) withdraws from life after a family tragedy, his estranged son “Boots” (Shane Jacobson) decides to drag his reluctant father on a trip to fulfil their lifelong ambition to fish off Australia’s northern tip in Cape York. This heartfelt story will touch your soul and make you smile. “this is the sweetest, the funniest, the most endearing Australian film (2009) I've seen for a long time” (Week End Australian)

Names in the Red Book please

Bruce Ashton Villa 24

Tel: 8278 8513



## Weekly Events

### SUNDAY

11 am Church Services  
held in Rosella  
Activities room

### MONDAY

Physiotherapist - by appoint.  
10.30am Art Group  
2 pm Indoor Bowls  
PM 8 Ball  
7 pm Table Tennis  
2 pm Blackwood Library  
Council Bus Apr 21

### TUESDAY

Podiatrist - by appointment  
9.30 am Exercise Classes  
12.30 pm Dining Room Lunch  
2.30 pm Indoor Bowls  
PM 8 Ball  
2.00 pm Kalyra Bus goes into  
Blackwood for  
Shopping each Tues

### WEDNESDAY

Physiotherapist - by appoint.  
10.30 am Morning Tea  
PM 8 Ball  
First Wed of Month in the  
Chapel at the Aged Care  
Facility, Wednesday Worship  
10.30

### THURSDAY

Sue (Hairdresser) by appoint.  
12.30 pm Dining Room Lunch  
PM 8 Ball  
7 pm Table Tennis  
2 pm Blackwood Shopping  
Council Bus

### FRIDAY

Physiotherapist by appoint.  
Chris (Hairdresser ) by appoint.

### SATURDAY

8 Ball

## Village Events for May 2012

3rd Maintenance Day  
4th Musical Interlude 2pm  
5th Craft Group 10.30am  
9th Dine Out 6pm  
10th Book discussion group 2pm  
12th Movie Matinee 2pm  
17th Maintenance Day  
18th Dine Out 6pm  
19th Fun Card Day 11am  
21st Rosary in the Chapel 1pm  
25th Happy Hour 3pm  
26th Movie Matinee 2pm  
31st Maintenance Day

### Handy Phone Numbers

Darren Kruse Legal Tel: 8278 1779

Valerie Dobie (Podiatrist) Tel: 8298 1133

Laurel Gibbs (Physio) 0402 108 490

Sue (Hairdresser) 0411 101 335

Chris (Hairdresser) 0411 433 245

Paul (Car Cleaning) 0409 542 825

***THIS WILL GIVE YOU A GIGGLE.....***

Seniors Banking.....Shown below is an actual letter that was sent to a bank by an 86 year old woman. The bank manager thought it amusing enough to have it published in the Times.

Dear Sir

I am writing to thank you for bouncing my cheque with which I endeavoured to pay my plumber last month.

By my calculations, three nanoseconds must have elapsed between his presenting the cheque and the arrival in my account of the funds needed to honour it.

I refer, of course, to the automatic monthly deposit of my entire pension, an arrangement which, I admit, has been in place for only eight years.

You are to be commended for seizing that brief window of opportunity, and also for debiting my account £30 by way of penalty for the inconvenience caused to your bank.

My thankfulness springs from the manner in which this incident has caused me to rethink my errant financial ways. I noticed that whereas I personally answer your telephone calls and letters, when I try to contact you, I am confronted by the impersonal, overcharging, pre-recorded, faceless entity which your bank has become.

From now on, I, like you, choose only to deal with a flesh-and-blood person.

My mortgage and loan repayments will therefore and hereafter no longer be automatic, but will arrive at your bank, by cheque, addressed personally and confidentially to an employee at your bank whom you must nominate.

Be aware that is an OFFENSE under the Postal Act for any other person to open such an envelope.

Please find attached an Application Contract which I require your chosen employee to complete.

I am sorry it runs to eight pages, but in order that I know as much about him or her as your bank knows about me, there is no alternative.

Please note that all copies of his or her medical history must be countersigned by a Notary Public figure, and the mandatory details of his/her financial situation (income, debts, assets and liabilities) must be accompanied by documented proof.

In due course, at MY convenience, I will issue your employee with a PIN number which he/she must quote in dealings with me.

I regret that it cannot be shorter than 28 digits but, again, I have modelled it on the number of button presses required of me to access my account balance on your phone bank service.

As they say, imitation is the sincerest form of flattery.

Let me level the playing field even further.....

PTO

When you call me, press the buttons as follows:

IMMEDIATELY AFTER DIALLING, PRESS THE STAR (\*) BUTTON FOR ENGLISH

#1. To make an appointment to see me.

#2. To query a missing payment

#3. To transfer the call to my living room in case I am there.

#4. To transfer the call to my bedroom in case I am sleeping.

#5. To transfer the call to my toilet in case I am attending to nature.

#6. To transfer the call to my mobile if I am not at home.

#7. To leave a message on my computer, a password to access my computer is required. Password will be communicated to you at a later date to that Authorised Contact mentioned earlier.

#8. To return to the main menu and to listen to options 1 to 9

#9 To make a general complaint or inquiry.

The contact will then be put on hold, pending the attention of my automated answering service.

While this may, on occasion, involve a lengthy wait, uplifting music will play for the duration of the call.

Regrettably, but again following your example, I must also levy an establishment fee to cover the setting up of this new arrangement.

May I wish you a happy, if ever so slightly less prosperous New Year?

Your Humble Client

And remember:

Don't make old people mad. WE don't like being old in the first place, so it doesn't take much to piss us off !



## *DINE OUT*

Back to more “old” favourites for

MAY DINE OUTS

***WEDNESDAY 9th May 2012 at 6pm***

*at*

***BELAIR BHAVEN***  
***2 Main Road Belair***

and also

***FRIDAY 18th May at 6pm***

*at*

***AROY THAI***  
***19 Coromandel Parade Blackwood***

The nights are closing in and getting colder ! SO  
Is there any interest in a ‘DINE IN’ in the Village Centre Lounge???  
With say Take-away from Barnacle Bills, or Pizza!!!!

***OR ANOTHER SUGGESTION***

Lunch at Belair Hotel, the Duck Inn, or Sheoak Cafe, I’m open to suggestions.

Need transport?

Lucy Ashton Villa 24  
Tel: 8278 8513



## *CRAFT NEWS*

Winter is fast approaching and we hope that you will be interested in knitting again this year. Please note the photographs of the Timorese children with our bears from last year.

Margaret Maloney who travels as a nurse with the Surgical Team from Adelaide, and who also takes our bears to East Timor says, "The children loved the bears and hung on to them very tight. These children have no real toys and were so delighted. I felt very pleased to be able to give them something they will treasure."

These children were operated on mainly Cleft Lip and Palate repair. It is wonderful to get such positive feedback, and so we are appealing to all knitters o please help out again with knitting bears, beanies and baby jumpers, or donating knitting yarn.

There are patterns and samples on the notice board in the Craft Room, and some knitting yard on the bench.

Thank you in anticipation.

The next meeting of the Craft Group will be held in the Craft Room on Saturday 5th May 2012 at 10.30am.

We will complete the second half of the Mothers Day gift for the Aged Care Facility and perhaps begin knitting.

Bring your lunch and enjoy a good day of fellowship and productivity.  
For more information contact Barb Conigrave Villa 12 Tel: 8278 3093

